

The questions are meant to be filled in on your own from the age of 8 years.

If you want, you can of course also ask someone around you for help. Even if you are younger than 8, you can answer the questions in this way.

We do not need to know your name. Nobody knows who you are. Are there any questions you do not want or cannot answer? No problem, that is okay.

If you work with a keyboard, you can also click enter to continue (after you have given an answer). If necessary, you can save your answers temporarily and continue later.

The first questions are about yourself

I am ...

- A boy
- A girl
- Other

About yourself

How old are you?

years old

I'm in the...

- 1st grade
- 2nd grade
- 3rd grade
- 6th grade
- 1st year of secondary ed.
- OKAN class
- Other:

- 4th grade
- 5th grade

I live....

- At home with my parent(s)
- Somewhere else

These questions are about corona

Do you understand what you can and cannot do during corona? (e.g. that you must keep distance, are not allowed to visit everyone, ...)

- Yes, I understand this well
- No, I do not really understand

About corona

Do you know somebody who has or had corona?

- Yes
- No

Are you afraid that you will become ill from corona?

- Yes
- No

Are you afraid that your family or friends will become ill from corona?

- Yes
- No

Does corona make it more difficult for your parents to pay everything (such as bills, clothes and food ...), for example because they can no longer work?

- Yes
- No

- I do not know

These questions are about how you feel

These are very weird times because of corona. A lot is different. Tick the phrases that apply to you.

- I feel tired more often
- I feel lonelier
- I feel angry more often
- I feel quiet more often
- I have more stress
- I am bored more often
- I feel sadder
- I feel happier
- I feel more anxious

How you feel

Do you have a place of your own where you can be alone without being disturbed?

- Yes
- No

Can you talk to someone about how you feel?

- Yes
- No

I can talk to my: (here you can indicate multiple answers)

- Parents, sisters or brothers
- Family
- Friends
- Somebody from school (teacher, principal, care teacher...)
- A counsellor (educator, youth worker, care provider, personal assistant)
- Other:

Do you sometimes play with other children in real life (not online)?

- No, with nobody
- Yes, but only with my brother(s) or sister(s) or other children living with me
- Yes, I (also) play with children who do not live with me

Do you get more attention from the people you live with during corona (for example: there is more time, you get more hugs or a compliment)?

- Yes, a lot more
- A little more
- No, the same as before
- No, a lot less than before

Do you have more arguments with the people you live with no?

- Yes, a lot more
- A little more
- No, the same as before
- No, a lot less than before

Do you sometimes have to deal with violence from an adult, for example someone beating you, hurting you, touching you when you don't want to, or yelling or laughing at you...

- Yes
- No

That's been happening since corona...

- A lot more
- A little more
- The same as before
- Less than before

Do you get bullied sometimes (now or before corona):

- Yes
- No

That's been happening since corona...

- A lot more
- A little more
- The same as before

- Less than before

Since corona, has someone been angry because they thought you did not follow the rules properly:

For example, because you're with your grandparents, because they think you should not be allowed to go to the shop, because you sneeze or cough, because they think you shouldn't play somewhere or walk somewhere.

- Yes, a couple of times
- Yes, one time
- No, never experienced

What are you really missing right now? (multiple answers possible)

- My friends
- My family
- Going outside
- Going to school
- Leisure (hobbies, youth movement, sports, music)
- Other:

Classes are not taking place as usual, but you still have schoolwork. Which statements apply to you? (Tick the answer that is right for you)

Yes

No

I have already been to the day care at school during corona

I have somebody who helps me with my schoolwork

I have more stress now because of my schoolwork

**Classes are not taking place as usual, but you still have schoolwork.
Which statements apply to you? (Tick the answer that is right for you)**

	Yes	No
I would like to go back to school	<input type="radio"/>	<input type="radio"/>
I've got all the material I need to be able to work for school (a computer or laptop that I can use, internet, access to smart school (Bingel, Scoodle, Skola...), work bundles on paper...)	<input type="radio"/>	<input type="radio"/>

**Classes are not taking place as usual, but you still have schoolwork.
Which statements apply to you? (Tick the answer that is right for you)**

	Yes	No
I always understand the homework I get from the teacher	<input type="radio"/>	<input type="radio"/>
There are too many people in the house to be able to work for school	<input type="radio"/>	<input type="radio"/>

Relaxation

Can you go outside if you want (for example to play, cycle, ride a step skate, see people...):

- (Almost) every day
- Sometimes
- (Almost) never

Where do you go to then? (You may give more than one answer)

- At home on the balcony or terrace

- At home in the garden
- To a public place (street, square...)
- In nature (park, forest, fields...)
- Other:

Why is that? (You may give more than one answer)

- Because there's no good place outside to relax
- Because I'm afraid of corona
- Because I'm not allowed
- Because I don't have time
- Because I can't do that with others
- Because my parents/guardians don't have the time to go
- Because I don't want any reactions from others or the police on my behaviour
- Because I don't feel like it

Can you relax well indoors (reading, gaming, listening to music, drawing, watching TV, playing games, doing some exercise...)

- Yes
- No

And then there's this

During corona there are many rules about what is allowed and what is not.

At home or in the facility where you live, can you share your thoughts on how to deal with the corona rules. For example, how and with whom you have contact.

- Yes
- No

If it were up to you, which rules would you change first?

What are two things that can help young people during corona? Fill in your answer in the space below

Suggestion 1:

Suggestion 2:

Is there anything else you want to tell us?

“Thank you so much!

Thank you for filling in this questionnaire! Soon you will hear the results in the media, or you can read all about it on our website www.kinderrechtencommissariaat.be.

Remember that you can always turn to someone with your problems or questions.

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